Learn Syndrome Acupuncture

➢ Mainstream acupuncture as practiced in China.

➢ This is a much broader and encompassing technique than trigger point acupuncture, that can be used to treat a wider spectrum of problems.

➢ This course is unmatched in expertise and flexibility and is extremely hands on, with patient demonstrations and clinical tuitions.

□ Most comprehensive and well structured course programme designed especially for Osteopath

□ Integrate syndrome acupuncture into your practice and learn a deeper holistic understanding of the human body

□ Valuable hands-on clinical experience in mainstream acupuncture and Chinese medicine, allowing you to have an extra tool in treating your patients holistically
## Postgraduate Course
in Syndrome Acupuncture & Chinese Medicine 2010
for Osteopath

### Day 1: Acupuncture I
(4th September)
- Meridians and modern research
- Medical application and effect of acupuncture
- Classification and therapeutic properties of acupoints
- Method of locating acupoints
- Commonly used acupoints
- Ear acupuncture and moxibustion (introduction)

### Day 2: Acupuncture II
(5th September)
- Commonly used acupoints
- Modern techniques in acupuncture
- Principle in selecting acupoints
- Common diseases and cases I
- Common diseases and cases II

### Day 3: Chinese Medical Theories I
(11th September)
- Comparative study of western medicine with Chinese medicine
- Classical theories of Chinese medicine
- Principle theoretical foundation of Chinese medicine I
- Principle theoretical foundation of Chinese medicine II
- Principle pathology & methodology of Chinese medicine and acupuncture I

### Day 4: Chinese Medical Theories II
(12th September)
- Principle pathology & methodology of Chinese medicine and acupuncture II
- The four diagnostic methods
- Syndrome differentiation
- Application of syndrome acupuncture and Chinese medicine
- Introduction to Chinese herbal medicine and acupuncture equipment
Day 5: Chinese Diagnostics Methods I & II
(2nd October)

- Diagnostic rationale and methodology
- Observing diagnosis
- Listening diagnosis
- Diagnostic rationale and methodology
- Questioning diagnosis
- Palpating diagnosis
- Case studies
- Review and consolidation of Chinese diagnostic, methods, emphasising on clinical application.

Day 6: Syndrome Differentiation I & II
(3rd October)

- Syndrome differentiation and disease differentiation
- Differentiating the eight fundamental syndromes
- Syndrome differentiation on disease causes
- Syndrome differentiation on Qi, blood and body fluids
- Syndrome differentiation on internal organs
- Case study
- Review and consolidation of syndrome differentiation, emphasising on practical skills and clinical application.

Day 7: Pain Syndromes and Musculoskeletal Disorder with Clinical Practise I
(16th October)

- Physiology and pathology of pain syndrome and musculoskeletal disorder in Chinese Medicine
- Location of pain related to meridians
- Classification and identification of the syndrome types
- Treatment of pain musculoskeletal disorder with syndrome acupuncture
- Treatment of pain and musculoskeletal disorder with standard herbal medicine.
- Principles and method of treatment
- Disease discussion of treatment I
  - Neck Shoulder conditions
  - UpperLimbs conditions
  - Case study and clinical practise
Day 8: Pain Syndromes and Musculoskeletal Disorder with Clinical Practise II  
(17th October)

- Disease discussion II
  - Back and trunk conditions
  - Lower limb conditions
  - Acupuncture treatment before and after operation
- Case studies
- Practical session

Day 9: Pain and Musculoskeletal Disorders with Electro & Ear Acupuncture & Cupping Methods  
(6th November)

- Modern acupuncture techniques
- Electro acupuncture and clinical application
  TENS: electrodes placement and operation
- Ear & reflex-physiology innervation
- Principles of point selection
- Acuriculartherapy diagnostics methods
- Treatment principles
- Precautions
- Outline of cupping therapy
- Modern cupping equipment
- Cupping method
- Clinical treatment with cupping therapy
- Practical demonstration

Day 10: Chinese Nutrition Therapy  
(7th November)

- The fundamentals of good health
- Food classification according to Chinese medicine
  - nature, flavour, meridians, functions and contraindications
- Differentiation of food according to syndromes
- Herbal teas and tonics
- Clinical applications of commonly used Chinese herbs and tea in nutrition therapy
- Nutrition of longevity
- Nutrition for vegetarians and vegans
- Thirteen important kinds of foods which affect our health.
What our students have said…

Dr F Nieuwoudt  Medical Doctor
This course has made a huge difference in my clinical work in what I can offer my patients. My humble thanks to Prof. Mei, Prof. Chen and Dr Lily.

Dr Wendy Denning  Medical Doctor
Excellent course – comprehensive and inclusive. What makes any course is the spirit and enthusiasm of the teachers and the course makers. It is hard to imagine more passionate and enthusiastic teachers. Thank you to all your hard efforts.

Dr Robert Trossel  Medical Doctor
Excellent course which gives western trained doctors a good insight in eastern/Chinese Medicine and matches neuro-bi- energy diagnostic measuring devices quite accurately.

Sue Ng  Nurse/Midwife
I have enjoyed this two year diploma part-time course. If I had known about this course earlier I would have done it in UK instead of China. This is my recommendation to friends and colleagues to pursue this course with AcuMedic in future.

Dr K Y Ng  GP
I think acupuncture works together with Chinese medicine is more effective, which gives you a holistic approach with deep understanding of the treatment in comparing trigger point acupuncture that limited to treat pain without knowing why. I have enjoyed the course and found it stimulating & challenging. It has given me an extra tool in treating my patients.

Dr Pam Herbert  GP Principal
I found all the lectures most encouraging and helpful. I found they found the way to help a western trained doctor understand the Chinese medicine approach very well. I have found understanding Chinese medicine and applying it to general practice has improved my clinical skills.

Nick Pare  Chiropractor/Pharmacist
The course is taught by accredited team who seek to help the candidate reach a thorough understanding of Chinese acupuncture and herbal medicine in a logical and a stress free way. The complex subject was made easier by the enthusiasm of staff to teach and excellent clinical arrangement to study real patients and practice on each other. I wish CMIR every success in the future.

Dr B P Chohan  GP
Very good course with excellent lecturers, teaching materials and clinical input. (I found) trigger-point acupuncture is limited to small problems such as pain and musculoskeletal disorders while Chinese syndrome acupuncture make diagnosis and well consider all factors of the patient conditions to offer a systematic therapeutic treatment.

Elaine Gavin  Physiotherapist
Wonderful course with excellent course deliverance, spent many enjoyable weekends with friends in Camden. It was taught and required more effort than I had anticipated. Was it worth it? Absolutely!

Dr K Y Ng  GP
Excellent course which gives western trained doctors a good insight in eastern/Chinese Medicine and matches neuro-bi-energy diagnostic measuring devices quite accurately.

Sue Ng  Nurse/Midwife
I have enjoyed this two year diploma part-time course. If I had known about this course earlier I would have done it in UK instead of China. This is my recommendation to friends and colleagues to pursue this course with AcuMedic in future.

Dr K Y Ng  GP
I think acupuncture works together with Chinese medicine is more effective, which gives you a holistic approach with deep understanding of the treatment in comparing trigger point acupuncture that limited to treat pain without knowing why. I have enjoyed the course and found it stimulating & challenging. It has given me an extra tool in treating my patients.

Dr Pam Herbert  GP Principal
I found all the lectures most encouraging and helpful. I found they found the way to help a western trained doctor understand the Chinese medicine approach very well. I have found understanding Chinese medicine and applying it to general practice has improved my clinical skills.

Nick Pare  Chiropractor/Pharmacist
The course is taught by accredited team who seek to help the candidate reach a thorough understanding of Chinese acupuncture and herbal medicine in a logical and a stress free way. The complex subject was made easier by the enthusiasm of staff to teach and excellent clinical arrangement to study real patients and practice on each other. I wish CMIR every success in the future.

Dr B P Chohan  GP
Very good course with excellent lecturers, teaching materials and clinical input. (I found) trigger-point acupuncture is limited to small problems such as pain and musculoskeletal disorders while Chinese syndrome acupuncture make diagnosis and well consider all factors of the patient conditions to offer a systematic therapeutic treatment.

Elaine Gavin  Physiotherapist
Wonderful course with excellent course deliverance, spent many enjoyable weekends with friends in Camden. It was taught and required more effort than I had anticipated. Was it worth it? Absolutely!

Dr Barry Graham  Medical Doctor
A complicated and formidable depth of knowledge has been presented successfully in a form which can be assimilated by pupils lacking the cultural understanding in which Chinese medicine is rooted. The clinical input was excellent. I do not think any other TCM courses could match the variety of patients presented.

David Lloyd  Osteopath
Outstanding tutors because their knowledge is delivered with enthusiasm and passion. Ideal course for healthcare practitioners because time is not wasted repeating lectures in anatomy and physiology.

Dr C D Thenuwara  GP
I have been practicing trigger-point acupuncture for many years. The two year diploma course has been a revelation for me and opened me up with a totally new world of medicine, looking at the totality of the patients and their disease pattern reflected in the syndrome diagnosis. Absolutely brilliantly organized and efficiently conducted course.

Mr Jonathan Tarr  Acupuncturist / Shiatsu teacher
I have enjoyed studying with AcuMedic and feel that the depth of knowledge from all the teachers is excellent.
All modules normally are charged at £180 per day, which includes extensive course notes, case studies, patient demonstrations, refreshments & Chinese buffet lunch

<table>
<thead>
<tr>
<th>Part 1</th>
<th>Module</th>
<th>Dates</th>
<th>Topics</th>
</tr>
</thead>
<tbody>
<tr>
<td>F52010</td>
<td></td>
<td>Sat. 4th Sept. 2010</td>
<td>Syndrome Acupuncture I</td>
</tr>
<tr>
<td>F62010</td>
<td></td>
<td>Sun. 5th Sept. 2010</td>
<td>Syndrome Acupuncture II</td>
</tr>
<tr>
<td>F72010</td>
<td></td>
<td>Sat. 11th Sept. 2010</td>
<td>Chinese Medical Theories I</td>
</tr>
<tr>
<td>F82010</td>
<td></td>
<td>Sun. 12th Sept. 2010</td>
<td>Chinese Medical Theories II</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 2</th>
<th>Module</th>
<th>Dates</th>
<th>Topics</th>
</tr>
</thead>
<tbody>
<tr>
<td>W92010</td>
<td></td>
<td>Sat. 2nd Oct. 2010</td>
<td>Chinese Diagnostics I &amp; II</td>
</tr>
<tr>
<td>W102010</td>
<td></td>
<td>Sun. 3rd Oct. 2010</td>
<td>Syndrome Differentiation I &amp; II</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Part 3</th>
<th>Module</th>
<th>Dates</th>
<th>Topics</th>
</tr>
</thead>
<tbody>
<tr>
<td>W112010</td>
<td></td>
<td>Sat. 16th Oct. 2010</td>
<td>Pain Syndromes with Clinical Practise</td>
</tr>
<tr>
<td>W132010</td>
<td></td>
<td>Sun. 17th Oct. 2010</td>
<td>Musculoskeletal Disorders with Clinical Practise</td>
</tr>
<tr>
<td>W132010</td>
<td></td>
<td>Sat. 6th Nov. 2010</td>
<td>Pain Management with Electro, Ear Acupuncture &amp; Cupping Methods</td>
</tr>
<tr>
<td>W142010</td>
<td></td>
<td>Sun. 7th Nov. 2010</td>
<td>Chinese Nutrition Therapy</td>
</tr>
</tbody>
</table>

**Payment Options**

- [ ] Pay in Full at £1530.00 (Discounted at 15%)
- [ ] Pay in Three Instalments at £540.00 (Discounted at 10%). Total payment of £1620.00
- [ ] Direct Debit for Each Course Weekend at £360.00. Total Payment of £1800.00

**Payment Method**

- Call AcuMedic on 020 7388 6704 for course enquiries or for course payment.
- [ ] Please debit my credit card for £_ _ _ _ _ _
  Card No. _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ Exp. _ _ / _ _ Security Code (last three digits at back of the card) _ _ _
- [ ] I enclose a cheque made payable to AcuMedic Foundation for £_ _ _ _ _ _

**Your details**

- Name ______________________________________________________________________________________
- Address ____________________________________________________________________________________
- Post Code __________________________________________
- Daytime Telephone ___________________________ Mobile ___________________________________________
- Email __________________________________________ Fax (if applicable) ___________________________

**I am:**  
(Please enclose copies of certificates of your professional training/ qualifications)

- [ ] Osteopath
- [ ] Other (Please State) __________________________

Please return to: The AcuMedic Foundation, 101-105 Camden High Street, London, NW1 7JN
Telephone: 020 7388 6704 Fax: 020 7387 8081 Email: courses@acumedic.com
www.acumedic.com

© 2010 AcuMedic Foundation